



Vidya Bharati Mahavidyalaya, Amravati

C. K. Naidu Road, Camp, Maltekdi, Amravati,
Maharashtra 444603

Personal Counseling Cell

Activity Report 2014-15

The Personal Counseling Cell of the college supports the students in resolving their emotional conflicts and enables them to overcome hurdles to happy and successful living. Teacher In charge Dr. D. S. Ramteke as well as members Dr. P. P. Khade, Miss. Ashwini Lakhotiya, Miss. R. V. Rajgure of the Personal Counseling cell interact the students with professional counselors throughout the year. The students of a particular class are given an introductory class on stress/ emotional problems and are then encouraged to come forward to talk personally to the counselor. Relaxation Techniques, Stress relieving methods are elaborated to the class/group. After this introductory session, the counselor meets each student personally. Students in need of immediate attention are referred to the counselors by the class teachers/mentors.

Our counselor has experience in handling issues like interpersonal conflicts (family/friends), relationship management, anger management, emotional disturbances, peer pressure and value-based conflicts, to name a few.

In this academic year 2014-15 total 67 students have benefitted from Personal Counseling Cell.



Speaker: Dr. Manjusha Dhapudkar, Dept. of History, Mahila Mahavidyalaya, Amravati guiding students



**Special Lecture on Career Counseling
Speaker: Dr. Sunita Dhopte, Kesharbai Lahoti College, Amravati**



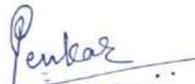
Counseling Session conducted by Faculty Member of Vidya Bharati Mahavidyalaya, Dr. M. M. Kherde, Dept. of History.



Guest Lecture on “Presentation skills in English” by Prof. Subhangi Joshi, Dept. of English, VBMV, Amravati


Dr. R. M. Patil
Co-ordinator
Internal Quality Assurance Cell
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