



# **Vidya Bharati Mahavidyalaya, Amravati**

**C. K. Naidu Road, Camp, Maltekdi, Amravati,**

**Maharashtra 444603**

## **Personal Counseling Cell**

### **Activity Report 2018-19**

The Counseling Cell renders unwavering services in the area of guidance and counseling. Its services have been availed of by a number of students of the college. The Counseling Cell provides both group counseling and individual (one-on-one) counseling services, and the sessions are offered in privacy and strict confidentiality. Our counselor has experience in handling issues like interpersonal conflicts (family/ friends), relationship management, anger management, emotional disturbances, peer pressure and value-based conflicts, to name a few. We also provide students with career counseling, aided by assessment techniques, in order to help them to take decisions regarding their career. Students who require psychiatric help are referred to practicing professional psychiatrists and therapists, along with their counseling sessions in college. Many students have benefitted from these sessions, as a result of which they are now able to handle their lives with improved self-esteem and confidence.

In the year 2018-19, the Personal Counseling Cell organized Three days Workshop “Psychometric Testing and Counseling”. It was Scheduled on 18<sup>th</sup> March to 20<sup>th</sup> March 2019 in the E-Classroom (2nd Floor) from 2.00 p m to 5. 00 p m. Total 50 students from the Department of Psychology attended the workshop.

On 18 March 2019, Dr. S. V. Savdekar, Associate Professor, Department of Psychology of GVISH, Amravati, shared his views on Positive Psychology and Counseling. Thereafter, the resource person discuss with students on how to use psychometric test in counseling. The session was chaired by Dr. R. M. Patil, Coordinator, IQAC. On Second day Dr. Rahul Barve, Associate Professor, Department of Psychology of GVISH, Amravati, demonstrated the technical

parameters of psychometric test. The session was chaired by Dr. P. S. Yenkar, Associate Professor, Dept. of English.

In the final session, Dr. P. A. Puri, Associate Professor, Department of Psychology GVISH, Amravati, discussed on analysis of test findings. Dr. M. M. Kherde, Head, Dept. of History, chaired the session. All sessions were compeered by Mr. Rahul Chauhan. Dr. S. D. Wakode, Head, Department of Psychology proposed vote of thanks.

Total 60 students have benefitted from Special Counseling Cell in this academic year.



**Dr. D. S. Ramteke, Convener of Personal Counseling Cell  
counseling the student**



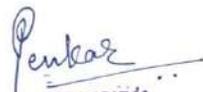
**Workshop on “Psychometric testing and Counseling”**



**Student sharing his problem with Convener of Dr. D. S. Ramteke**

  
**Dr. R. M. Patil**  
Co-ordinator  
Internal Quality Assurance Cell  
Vidya Bharati Mahavidyalaya  
Camp, Amravati-444 602 (M.S.)



  
**PRINCIPAL**  
**VIDYA BHARATI MAHAVIDYALAYA**  
**AMRAVATI**