

## **Activity Report on Celebration of National Sport Day** **on 29-08-2023**

SSBT celebrated National Sport day on 29-8-2023

It emphasises the importance of regular exercise and a healthy lifestyle and brings people together regardless of their background, language, or beliefs. The National Sports Day in India is celebrated on 29 August every year. It is celebrated to commemorate the birth anniversary of hockey legend Major Dhyan Chand Singh



